

ESSENSIA

RESTAURANT 101 REYKJAVIK

HÁDEGISTILBOÐ

LUNCH OFFER

ANTIPASTI / SMÁRÉTTIR

Crudo dagsins, sítrus, pistasíumauk, kryddjurtir, jómfrúarólífuolía
Crudo of the day from the pure Iceland ocean, citrus, pistachio puree, herbs, extra virgin olive oil

Nautalund Carpaccio, parmesan ostur, klettsalat, sítróna, jómfrúarólífuolía
Iceland Beef tenderloin Carpaccio, parmeggiano cheese, arugula salad, lemon, extra virgin olive oil

Arancini risotto bollur, marinera sósa
Arancini risotto balls, marinera sauce

PRINCIPALI / AÐALRÉTTIR

Fiskur dagsins
Catch of the day

Kræklinga linguine pasta, hvítvín, hvítlaukur, steinselja
Fresh Westfjords mussels linguine pasta, white wine, garlic, parsley

Grillað lamba prime, rôtargrænmeti, kremað lífrænt ræktað bygg, tómat-basil lambasoðsósa
Grilled free range Iceland lamb prime rib, root vegetables, creamy organic barley, gremolata, tomato-basil lamb jus

DOLCE

Tiramizu Essensia
Tiramizu Essensia

Vanilla Panna Cotta, ananas, mynta, lime
Vanilla Panna Cotta, pineapple, mint, lime

Semifreddo ís, ítölsk kirsuber
Semifreddo icecream, Italian cherrie

VERÐ / PRICE

2 réttir 3.750 / 3 réttir 4.450
2 courses 3.750 / 3 courses 4.450

ANTIPASTI / SMÁRÉTTIR

Arancini risotto bollur, marinera sósa <i>Arancini risotto balls, marinera sauce</i>	1.850	Nautalund Carpaccio, parmesan ostur, klettasalat, sítróna, jómfrúarólífuolía	1.950
Caprese, tómatar, mozzarella, basil, þykkt balsamic edik <i>Caprese, tomatoes, mozzarella, basil, thick balsamic vinegar</i>	1.850	Iceland Beef tenderloin Carpaccio, parmeggiano cheese, arugula salad, lemon, extra virgin olive oil	
Ferskt salat, tómatar, ólífur, rauðlaukur (vegan) <i>Tossed salad, tomatoes, olives, red onions (vegan)</i>	1.850	Þunnt sneidd Parmaskinka 50 gr, grillað brauð, mostarda	2.050
Crudo dagsins, sítrus, pistasíumauk, kryddjurtir, jómfrúarólífuolía <i>Crudo of the day from the pure Iceland ocean, citrus, pistachio puree, herbs, extra virgin olive oil</i>	1.950	Thinly sliced parma ham 50 gr, grilled bread, mostarda	
Platti af íslenskum skinkum, pylsum og ostum, grillað brauð og mostarda: <i>Platter of sliced Icelandic ham, sausage and cheeses. Grilled bread and mostarda</i>		Ostar dagsins 3 teg, grillað brauð, mostarda, <i>Cheeses of the day 3 kinds, grilled bread, mostarda</i>	2.050
		fyrir 2 pers 2.250 / fyrir 4 pers 4.150 <i>for 2 pers 2.250 / for 4 pers 4.150</i>	

PIZZA 9"

Pizzurnar okkar eru þunnar í Napoli stíl / *Our pizzas are thin Neapolitana style*

Pizza Margherita, tómatar, basil, mozzarella <i>Pizza Margherita, tomatoes, basil, mozzarella</i>	2.350	Pizza Skinka, sveppir, tómatur, mascarpone, hvítlaukur, brie, gremolata, kapers,	2.550
Pizza Kartöflur, blaðlaukur, mascarpone, rósmarin, geitaostur, lardo, steinselja <i>Pizza Potatoes, leek, mascarpone, rosemary, goat cheese, lardo, parsley</i>	2.450	Pizza Ham, mushrooms, tomatoes, mascarpone, garlic, brie, gremolata, capers	
Vegan Pizza: Hummus, tómatar, grillað grænmeti, vegan ostur, basil <i>Vegan Pizza: Hummus, tomatoes, grilled vegetables, vegan cheese, basil</i>	2.550	Pizza Humar, tómatur, hvítlaukur steinselja, mascarpone, ricotta, chili, sítróna	2.950
		Pizza Iceland langoustine, garlic, parsley, mascarpone, ricotta, chili, lemon	
		Pizza Ítölsk pylsa, tómatur, mozzarella, shiitake sveppir, hvítlaukur, steinselja, parmesan ostur	2.550
		Pizza Italian sausage, mozzarella, shiitake mushrooms, garlic, parsley, parmesan cheese	

PRINCIPALI / AÐALRÉTTIR

Fiskur dagsins <i>Catch of the day</i>	2.350	Kræklinga linguine pasta, hvítvín, hvítlaukur, steinselja	2.650
Grillað grænmeti, hummus, eggaldin caponata, salsa verde (vegan) <i>Grilled vegetables, hummus, eggplant caponata, salsa verde (vegan)</i>	2.350	Fresh Westfjords mussels linguine pasta, white wine, garlic, parsley	
Pasta Tubetti, Nautahakk bolognaise, parmesan ostur, steinselja <i>Pasta Tubetti, ground beef bolognaise, parmeggiano cheese, parsley</i>	2.350	Grillað lamba prime, rótargrænmeti, kremað lífrænt ræktað bygg, tómát-basil lambasoðsósa	2.950
		Grilled free range Iceland lamb prime rib, root vegetables, creamy organic barley, gremolata, tomato-basil lamb jus	

DOLCE

Tiramizu Essensia <i>Tiramizu Essensia</i>	1.600	Semifreddo ís, ítölsk kirsuber, appelsínur <i>Semifreddo icecream, Italian cherries, oranges</i>	1.600
Vanilla Panna Cotta, ananas, mynta, lime <i>Vanilla Panna Cotta, pineapple, mint, lime</i>	1.600	Súkkulaðitrufflur 5 stk. <i>Chocolate truffles 5 pieces</i>	1.400